## Driving is one of the most dangerous work activities that you can do

You could be prosecuted if you neglect your road safety responsibilities

One in five casualties and almost a third of fatalities on north east roads are from collisions involving someone driving for work.

www.roadsafetygb.org.uk/regions/r3.html





Road Safety GB

The law applies to all drivers – whether you are in a company vehicle or your own vehicle!

## Driving is one of the most dangerous work activities that you can do...

Over the last five years 6,402 collisions, resulting in 9,084 casualties, involving people driving for work occurred on north east roads. 748 people were seriously injured and 74 killed.

Most work-related collisions on north east roads occur in the morning during the traditional working week.

78% of people involved in work-related collisions on north east roads are male.

26% of people involved in work-related collisions on north east roads are aged 35-44.

Cars make up 58% of the vehicles involved in work-related collisions on north east roads, small goods vehicles make up 21% and heavy goods vehicles 9%.

## Factors contributing to workrelated collisions include:

- Failing to look properly
- Driving too close to the vehicle in front
- Working to unsafe schedules resulting in time pressures
- Being affected by dazzling sunlight.

## Take responsibility

Ensure your employer has a driving for work policy and that you are aware of your responsibilities.

Check your vehicle and make sure it is well maintained. If you drive a company vehicle, make sure you report any maintenance issues.

Check weather and traffic reports and plan your journey accordingly. Allow plenty of time to get to your destination.

Book an overnight stop if necessary, plan rest periods and avoid driving when tired.

Stick to the speed limit, don't tailgate and pay attention at all times.

Improve vision in low winter sun by ensuring your windscreen is clean.

Switch off your mobile phone while driving. Talking on a hands-free phone still causes you to be distracted and takes your mind off the road.

If you are carrying a load make sure it is secure and your vehicle is suitable to carry it.

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